

## 6<sup>TH</sup> INTERNATIONAL ILO, UPPER AND LOWER AIRWAY CONFERENCE - THE CONCEPT OF ONE AIRWAY

Thursday, June 13, 2024

7:00 AM 8:00 AM **Registration, Refreshments, and Exhibits**

8:00 AM 8:15 AM **Welcome and Opening Remarks**  
*Andrej Petrov, MD; University of Pittsburgh*

**SESSION 1: EXERTIONAL DYSPNEA**  
*Moderator: Jessica Bon, MD, MS (Pittsburgh)*

8:15 AM 8:30 AM **Introduction**

8:30 AM 8:45 AM **Evaluating the Larynx**  
*J. Tod Olin, MD, MSCS*  
*University of Colorado Anschutz Medical Campus*

8:45 AM 9:00 AM **Evaluating the Lower Airways**  
*Frank Sciruba, MD*  
*University of Pittsburgh*

9:00 AM 9:15 AM **Evaluating Environmental and Allergic Factors**  
*Basil Kahwash, MD*  
*Vanderbilt University Medical Center*

9:15 AM 9:30 AM **Evaluating Dysautonomia, POTS, and Long-Covid**  
*Joshua E. Levenson, MD*  
*University of Pittsburgh*

9:30 AM 9:45 AM **Evaluating Breathing Patterns**  
*Claudio Milstein, PhD*  
*Cleveland Clinic*

9:45 AM 10:00 AM **Vortex Whistle**  
*Shaheen Awan, PhD, CCC-SLP*  
*University of Central Florida*

10:00 AM 10:15 AM **New Diagnostic Tools**  
*John Dickinson, PhD*  
*University of Kent, UK*

10:15 AM 10:35 AM **Q & A**

10:35 AM 11:00 AM **Refreshment Break and Exhibits**

**SESSION 2: COUGH, ILO AND COMORBIDITIES-ASSESSING THE OVERLAP**  
*Moderator: Thomas Carroll, MD (Boston)*

11:00 AM 11:15 AM **Introduction**

11:15 AM 11:30 AM **Laryngeal Dysfunction, ILO, and Cough**  
*Anne Vertigan, PhD*  
*University of Newcastle, Australia*

11:30 AM	11:45 AM	<b>Nose, Sinuses, Allergens, ILO, and Cough</b> <i>Jonathan Bernstein, MD</i> <i>University of Cincinnati College of Medicine</i>
11:45 AM	12:00 PM	<b>GERD, ILO, and Cough</b> <i>Libby J. Smith, DO</i> <i>University of Pittsburgh</i>
12:00 PM	12:15 PM	<b>Sleep Apnea and ILO</b> <i>Patrick Strollo, MD</i> <i>University of Pittsburgh</i>
12:15 PM	12:30 PM	<b>How to Measure Laryngeal Constriction</b> <i>Rita Patel, PhD</i> <i>Indiana University Bloomington</i>
12:30 PM	12:50 PM	<b>Q &amp; A</b>
12:50 PM	1:50 PM	<b>Lunch/Exhibits</b>
<b>SESSION 3: COMORBIDITIES, CONTRIBUTORY, AND MIMICKING CONDITIONS</b> <i>Moderator: Sara Van Meerbeke, MD (Pittsburgh)</i>		
1:50 PM	2:00 PM	<b>Introduction</b>
2:00 PM	2:15 PM	<b>ILO and Asthma</b> <i>Paul Leong, MBBS, MPH, PhD</i> <i>Monash University, Australia</i>
2:15 PM	2:30 PM	<b>EILO and Comorbidities</b> <i>Hege Clemm, MD, PhD</i> <i>University of Bergen, Norway</i>
2:30 PM	2:45 PM	<b>ILO and Allergic Laryngeal Comorbidities</b> <i>David Khan, MD</i> <i>University of Texas Southwestern Medical Center, Dallas</i>
2:45 PM	3:00 PM	<b>ILO and Psychology</b> <i>Jackie Gartner-Schmidt, PhD, CCC-SLP</i> <i>Carlow University, Pittsburgh</i>
3:00 PM	3:15 PM	<b>How to Diagnose ILO During Sleep?</b> <i>Thomas M. Kaffenberger, MD</i> <i>University of Pittsburgh</i>
3:15 PM	3:35 PM	<b>Q &amp; A</b>
3:35 PM	3:50 PM	<b>Refreshment Break and Exhibits</b>
3:50 PM	4:00 PM	<b>GIILO Announcement</b> <i>Hege Clemm, MD, PhD</i>

**PRO & CON DEBATE:**

**Speech Therapy/Respiratory Retraining vs Medical Therapy as the 1<sup>st</sup> Line Treatment for the Hypersensitive Larynx, ILO, and Chronic Unexplained Cough**

*Moderator: Blair Stone, MD (Pittsburgh)*

4:00 PM      4:30 PM      **Emil Walsted, MD, PhD**  
*Bispebjerg University Hospital, Denmark*

**vs**

**Adrianna Shembel, PhD, CCC-SLP**  
*University of Texas at Dallas*

**PANEL DISCUSSION:**

4:30 PM      5:15 PM      **Ask the Experts About Your Difficult Cases**  
*Moderators: John Robertson, MD (Texas) and Jemma Haines, MBE  
FRCSLT, BSc (Hons) (UK)*

5:15 PM      **Adjournment**

**Friday, June 14, 2024**

7:30 AM      7:50 AM      **Registration, Refreshments, and Exhibits**

7:50 AM      8:00 AM      **Welcome and Introduction**  
*Andrej Petrov, MD; University of Pittsburgh*

8:00 AM      8:25 AM      **Unified Airway: From IgE and Eosinophils to the Next Frontier**  
*Sally Wenzel, MD  
University of Pittsburgh*

8:25 AM      8:50 AM      **How to Treat Asthma in Amateur and Professional Athletes**  
*J. Tod Olin, MD, MSCS; National Jewish Health, Colorado  
James Hull, PhD, FRCP, FACSM; Royal Brompton Hospital, UK*

8:50 AM      10:20 AM      **WORKSHOP 1: ILO/EILO**  
*Moderators: Andrej Petrov, MD (Pittsburgh) and Thomas  
Halvorsen, PhD (Norway)*

**Continuous Laryngoscopy with Exercise or Provocation**

*Presenters: Emil Walsted, MD, PhD (Denmark); Hege Clemm, MD, PhD (Norway);  
James Hull, PhD, FRCP, FACSM (UK); J. Tod Olin, MD, MSCS (Colorado); Jemma Haines,  
MBE FRCSLT, BSc (Hons) (UK)*

10:20 AM      10:35 AM      **Refreshment Break and Exhibits**

10:35 AM 12:05 PM **WORKSHOP 2: NOSE, SINUS, AND ASTHMA**

*Moderators: Allyson Larkin, MD (Pittsburgh), Rich Ramonell, MD (Pittsburgh)*

**Refractory Asthma, The Role of Biologics, and Other Treatment Options**

*Jonathan Bernstein, MD; University of Cincinnati College of Medicine*

*David Khan, MD; University of Texas Southwestern*

*Sally Wenzel, MD; University of Pittsburgh*

*Moderators: Merritt Fajt, MD (Pittsburgh); Laura West, MD (Pittsburgh)*

**How to Distinguish Asthma from Other Respiratory Conditions**

*James Hull, PhD, FRCP, FRCGP; Royal Brompton Hospital, UK*

*Paul Leong, MBBS, MPH, PhD; Monash University, Australia*

*Marc Gauthier, MD; University of Pittsburgh*

*Moderators: Bridget Hathaway, MD (Pittsburgh); Kara Coffey, MD (Pittsburgh)*

**Refractory Chronic Rhinosinusitis, The Role of Biologics, and Other Treatment Options**

*Eric Wang, MD; University of Pittsburgh*

*David Khan, MD; University of Texas Southwestern*

*Jonathan Bernstein, MD; University of Cincinnati College of Medicine*

12:05 PM 12:45 PM **Lunch/Exhibits**

12:45 PM 2:35 PM **WORKSHOP 3: SPEECH LANGUAGE PATHOLOGY DISORDERS**  
*Moderator: Jackie Gartner-Schmidt, PhD, CCC-SLP (Pittsburgh)*

**Respiratory Retraining for ILO**

*Douglas Roth, CCC-SLP; Brigham & Women's Hospital*

*Adrianna Shembel, PhD, CCC-SLP; University of Texas*

**Respiratory Retraining for EILO**

*Emily Nauman, MA, SLP; National Jewish Health*

*J. Tod Olin, MD, MSCS; University of Colorado Anschutz Medical Campus*

**Cough Suppression Therapy**

*James Curtis, PhD, CCC-SLP; Weill Cornell Medical College*

*Laurie Slovarp, PhD, CCC-SLP; University of Montana*

**Breathing Pattern Disorders**

*John Dickinson, PhD; University of Kent*

*Claudio Milstein, PhD; Cleveland Clinic*

2:35 PM 2:45 PM **Refreshment Break and Exhibits**

2:45 PM	4:00 PM	<b>WORKSHOP 4: GERD AND AIRWAYS - STATE OF THE ART</b> <i>Moderators: Phillip Lamberty, MD (Pittsburgh) and Shikha Gupta, MD (Pittsburgh)</i>
		<b>Laryngopharyngeal Reflux from the ENT Perspective</b> <i>Thomas Carroll, MD; Harvard Medical School</i>
		<b>GERD and Airways from the Pulmonary Perspective</b> <i>Christopher Faber, MD; University of Pittsburgh</i>
		<b>GERD, EOE, and Airways from the Gastroenterology Perspective</b> <i>Kenneth Fasanella, MD; University of Pittsburgh</i>
<b>THE GREAT FUTURE DEBATE</b> <i>Moderator: Andrej Petrov, MD (Pittsburgh)</i>		
4:00 PM	4:15 PM	<b>The Role of Imaging in Diagnosing ILO</b> <i>Philip G. Bardin FRACP, PhD; Monash University, Australia</i>
4:15 PM	4:30 PM	<b>A Unified Approach to Hypersensitive Larynx</b> <i>Anne Vertigan, PhD; University of Newcastle, Australia</i>
4:30 PM	4:45PM	<b>Expert Panel</b> <i>Philip Bardin, FRACP, PhD; Monash University, Australia</i> <i>Hege Clemm, MD; University of Bergen, Norway</i> <i>Jacqueline Gartner-Schmidt, PhD, CCC-SLP; Carlow University</i> <i>James Hull, PhD, FRCP, FRCGS; Royal Brompton Hospital, UK</i> <i>Claudio Milstein, PhD; Cleveland Clinic</i> <i>J. Tod Olin, MD, MSCS; University of Colorado</i> <i>Anne Vertigan, PhD; University of Newcastle, Australia</i>
4:45 PM	5:00 PM	<b>Concluding Remarks</b> <i>Andrej Petrov, MD; University of Pittsburgh</i>
	5:00 PM	<b>Adjournment</b>